

REFUGE AND BODHICITTA

। अस्त्राकुशकृष्णदक्षेशर्मिलक्ष्मीकृष्णव्या । प्रदक्षिणवद्वृषद्विद्विशुभवशुभवि ।

SANG GYE CHÔ DANG TSOG KYI CHOG NAM LA / JANG CHUB BAR DU DAG NI KYAP SU CHI
In the Buddha, Dharma, and Sangha most excellent, I take refuge until enlightenment is reached.

॥ସଦ୍ୟ ଧିତ୍ତିକ ଅଣାଇ ପରିଅଧିକ ଅନ୍ତର୍ଗତ ନମଶ୍କରିତା ॥୧୩୭୯ ॥

DAG GI JYIN SOG GYI PAI SÖ NAM KYI / DRO LA PHEN CHIR SANG GYE DRUB PAR SHOG
By the merit of generosity and other good deeds, may I attain buddhahood for the sake of all sentient beings.

ଶ୍ରୀମଦ୍ଭଗବତ

Recite three times.

The Brief Inroduction of the Dhama Protection Achhi Chokyi Drolma



Achi Chökyi Drölma
Refuge and Bodhicitta

FOUR IMMEASURABLES

। མା ନାମ ଖା ଦାଙ୍ଗ ନ୍ୟାମ ପାଇ ସେମ ଚେନ ଥାମ ଚେ ଦେ ଵା ଦାଙ୍ଗ ଦେ ଵାଇ ଗ୍ୟୁ ଦାଙ୍ଗ ଦେନ ପର ଗ୍ୟୁର ଚିଗ ॥

MA NAM KHA DANG NYAM PA'I SEM CHEN THAM CHE DE WA DANG DE WAI GYU DANG DEN PAR GYUR CHIG
May all mother sentient beings, boundless as the sky, have happiness and the causes of happiness.

। ଶୁଣ ଯଶୁଣ ବନ୍ଦ ଶୁଣ ଯଶୁଣ ବନ୍ଦ ଶୁଣ ବନ୍ଦ ଶୁଣ ବନ୍ଦ ଶୁଣ ବନ୍ଦ ଶୁଣ ବନ୍ଦ ଶୁଣ ॥

DUG NGEL DANG DUG NGEL GYI GYU DANG DREL WAR GYUR CHIG

DUG NGEL ME PA'I DE WA DANG MI DREL WAR GYUR CHIG

May they be liberated from suffering and the causes of suffering.

May they never be separated from the happiness that is free from sorrow.

। ଶୁଣ ଯଶୁଣ ବନ୍ଦ ଶୁଣ ଯଶୁଣ ବନ୍ଦ ଶୁଣ ଯଶୁଣ ବନ୍ଦ ଶୁଣ ବନ୍ଦ ଶୁଣ ବନ୍ଦ ଶୁଣ ॥

NYE RING CHAG DANG NYI DANG DREL WAI TANG NYOM LA NE PAR GYUR CHIG

May they rest in equanimity, free from attachment and aversion. Recite three times.

2

Achi Chökyi Drölma
The Four Immeasurables

। ଶୁଣ ଯଶୁଣ ବନ୍ଦ ଶୁଣ ଯଶୁଣ ବନ୍ଦ ଶୁଣ ଯଶୁଣ ବନ୍ଦ ଶୁଣ ବନ୍ଦ ଶୁଣ ବନ୍ଦ ଶୁଣ ॥

NYE RING CHAG DANG NYI DANG DREL WAI TANG NYOM LA NE PAR GYUR CHIG

May they rest in equanimity, free from attachment and aversion.

ତୁମ୍ହାପକ୍ଷାଶୁଣିପରେଣ ।

Recite three times.

3

Achi Chökyi Drölma
The Four Immeasurables

OM SVA BHA VA SHUD DHO SAR VA DHAR MA SVA BHA WA SHUD DHO HANG
The self-nature of reality is pure. Remain in that state.

藏文大藏经

TONG PAI NGANG LE YI GE HRI KAR POR GYUR
From the original emptiness arises a white syllable HR

藏文大藏经

HRI DE LE WÔ PAG TU ME PA TRÔ PE SANG GYE DANG JANG CHUB SEM PA NAM CHÔ TSHUR DÔ HRI LA THIM
that emanates limitless rays of light, that make offerings to all the buddhas and bodhisattvas.

କେବଳ ମାତ୍ରାକୁ ନାହିଁ

HRI DE YONG SU GYUR PA LE

The light returns and dissolves into the HRI, the innate nature of awareness

ଆମ୍ବାକୁ ପରିବାରର ଦେଖିଲୁଛାମନ୍ତର ଏହାର ପରିବାରର ଦେଖିଲୁଛାମନ୍ତର

A CHI KU DOG KAR MO ZHENG NE ZHAB NYI KYI DU ZHI NEN PA / NA ZA DAR GYI LHAB LHUB SÖL WA
It instantly transforms into Achi. Her body is radiant white in color and she is standing on a corpse.

କେତେ କୁଳେ ଅନ୍ଧାରା ଦେଖିଲା ଯା ପୁଣାଧାରା ଦେଖିଲା କୁଳେ ଦେଖିଲା

RIN PO CHE NA TSHOG GYI GYEN PA / CHAG YE NA NGUL KAR-GYI ME LONG DZIN PA
symbolizing subduing the four kinds of maras. She is wearing the long-flowing, precious silken garments
and is adorned with the various kinds of jewels.

DE MA WONG DA TA DÜ SUM ZIG PA / CHAG YON NA YI ZHIN GYI NOR BU NAM PA

In her right hand, she holds a white silver mirror in which she sees the three times.

西藏自治区人民代表大会常务委员会关于修改《西藏自治区民族区域自治条例》的决定

SOL WA TAB NA GO DO THAM CHE - JUNG WAR GYHR / RANG GI THUG KAR DA WAI YIL KHOR GYI TENG DU

In her left hand, she holds the wish-fulfilling jewel with which she fulfills the wishes of those who earnestly pray to her.

藏文大藏经

HRI KAR PO LA NGAG KYI KOR WAR GYUR

In my heart, on a moon disc is the white syllable HRI encircled by the mantra.

Achi Chökyi Drölma
Meditation on Emptiness



藏文大藏经

OM MA MA CHA KRA SWA HA / YAR DU SAR WA DU RA DZA RA DZA DU
MA MA DU HUM PHAT SWA HA

କେବିଦିନିଙ୍କ ପରିଷ୍କାରକିନ୍ତୁ ଆପଣ

Thus recite the mantra clearly as many times as possible

Achi Chökyi Drohma
Meditation on Empathy

དྷଁ དྷଁ

PRAISE

ଶ୍ରୀ ଧିନ୍ ସବଦ ଦ୍ଵିତୀୟ ଶୁଣ ଦୟା କେଳ ପ୍ରିଣ୍ହେ ଶୁଣ ଯଦ୍ଗାର ଦ୍ୱାରା ପ୍ରିଣ୍ହେ ଥାଏନ୍ତା।

HRI ZHIN ZANG YING CHUG PEL DEN CHO KYI DRÖL / KU DOG KAR MAR GYUR ME GYING BAG CHEN

HRI Naturally good, infinitely rich, Achi Chökyi Drolma, your body
is unchangeably colored white with a tinge of red:

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ଘର୍ବ ଦୟି ପ୍ରେଣ ଶୁଣ ପ୍ରିଣ୍ହେ ଦ୍ୱାରା ମା ଘର୍ବ କେଳ ଦ୍ୱାରା ପ୍ରେଣ ଦୟା ମୁଣ୍ଡେ।

KHOR WA'I LOG TA KEM JEY O NGA MA / DE CHEN GA TER RAB GYE PEL MO TE

you radiate the wisdom light that dries up the wrong views of samsara.

Your radiant happiness bestows the greatest bliss.

Achi Chökyi Drolma
Praise

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ଅୟାତିଶୀଳୁଣ ମାଲିକ ପ୍ରିଣ୍ହେ ମାନୁଷ ପରିଜ୍ଞାନ ପ୍ରାଣୀଙ୍କ ପାତ୍ରଙ୍କାଣା

ZHEL CHIG JAG NYI ZHI JE DZUM PA'I KU / CHAG YE DA RU NYEN PA KUN KHYAB DROG

With one face and two hands, your smile brings peace. In your right hand,
you hold a damaru that permeates all with celestial sound.

ସାଂକ୍ଷେତିକ ଦ୍ୱାରା ପ୍ରିଣ୍ହେ କେଳ ଦ୍ୱାରା ପ୍ରାଣୀଙ୍କ ପାତ୍ରଙ୍କାଣା

YON PA THO NANG YI ZHIN NOR BU DZIN / DRUB PA PO LA NGÖ DRUB KUN TSOL CHING

In your left hand you hold a kapala containing the wish-fulfilling gem, that grants all the accomplishments to those who practice.

ବାହ୍ୟ ଶୁଣ ପ୍ରିଣ୍ହେ ଦ୍ୱାରା ପ୍ରାଣୀଙ୍କ ପାତ୍ରଙ୍କାଣା ରିତ ଦ୍ୱାରା ପ୍ରାଣୀଙ୍କ ପାତ୍ରଙ୍କାଣା

ZA WOG NA NGA'I NA ZA KU LA SÖL / RIN PO CHE GYEN DAR GYI CHO PEN PHUR

You wear the five kinds of precious silken garments, adorned with jewels, and crown with silken ribbons waving.

Achi Chökyi Drolma
Praise

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ସକିଦବାଶୁର୍ମୁହୀତ୍ୟାକେପରୁନ୍ତର୍ହେତ୍ୟେଷତ୍ତିଦିଵାଥ୍ ଯାଯୁଶୁର୍ହେତ୍ୟାକେଇତ୍ୟାକେଇତ୍ୟାପକୁନ୍ତା।

CHIB SU TRIN SEB CHIU TA NGÖN MO CHIB / YU THUR NGÖN PO SER SAB SER PÔ GYEN
You ride amidst the clouds on a blue celestial horse with turquoise reins, ornamented yellow-golden bridle

ଦ୍ୱାକେନ୍ଦ୍ରୀନ୍ଦ୍ରିୟମୁଖେନ୍ଦ୍ରୀନ୍ଦ୍ରିୟା କାର୍ତ୍ତିର୍ଣ୍ଣାଦ୍ୱାରାନ୍ଦ୍ରାନ୍ଦ୍ରିୟମୁଖେନ୍ଦ୍ରୀନ୍ଦ୍ରିୟା

DAR CHIEN LO NEN MU MEN YOB CHEN SOL / ZA WOG DAR DEN SER GAI GA TENG DU
with silken tie and precious stone stirrups. You sit on a silk-cushioned golden saddle.

ଦ୍ୱିନ୍ଦ୍ରିକାଶୁରାଦ୍ୱାରାନ୍ଦ୍ରିୟମୁଖେନ୍ଦ୍ରୀନ୍ଦ୍ରିୟା ଶ୍ରୀରାହେକେନ୍ଦ୍ରୀନ୍ଦ୍ରିୟମୁଖେନ୍ଦ୍ରୀନ୍ଦ୍ରିୟା

YING CHUG PEL DEN LHA MO ZHE PAI TSUL / NYING JE CHEN PÔ PHO NYAI CHO THRÜL TÖN
Infinitely rich, glorious deity with smiling form, you miraculously manifest spiritual
messengers from your great compassion.

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ଜୁମୀନ୍ଦ୍ରିକାଶୁରାଦ୍ୱାରାନ୍ଦ୍ରିୟମୁଖେନ୍ଦ୍ରୀନ୍ଦ୍ରିୟା ଦ୍ୱିନ୍ଦ୍ରିକାଶୁରାଦ୍ୱାରାନ୍ଦ୍ରିୟମୁଖେନ୍ଦ୍ରୀନ୍ଦ୍ରିୟା

LHA MIN NÖ JIN KHA DROI TSHOG KYI KOR / THRIN LE ZHI DEN TRÖ ME NGANG TSHÜL CHEN
You are surrounded by an assembly of asuras, yakshas and dakinis,
possess the four buddha activities, and essence free from elaboration.

ଶୁରାଶୁରାକେଶାକଶାଦ୍ୱାରାନ୍ଦ୍ରିୟମୁଖେନ୍ଦ୍ରୀନ୍ଦ୍ରିୟା ଶୁରାଶୁରାକେଶାକଶାଦ୍ୱାରାନ୍ଦ୍ରିୟମୁଖେନ୍ଦ୍ରୀନ୍ଦ୍ରିୟା

PHÜN SUM TSHOG NE PEL GYI DRI GUNG DU / LONG CHÖ PEL CHIR KA SUNG KÜN DZE MA
In Drigung, the glorious place of unimaginable wealth, you protect all the vows to increase abundance.

ଶୁରାଶୁରାକେଶାକଶାଦ୍ୱାରାନ୍ଦ୍ରିୟମୁଖେନ୍ଦ୍ରୀନ୍ଦ୍ରିୟା ଶୁରାଶୁରାକେଶାକଶାଦ୍ୱାରାନ୍ଦ୍ରିୟମୁଖେନ୍ଦ୍ରୀନ୍ଦ୍ରିୟା

TEN PA SUNG CHIR TOR MA DI ZHE LA / THUG DAM GYÜ KÖL CHÖ WAI THRIN LE DZO
In order to protect the teachings, please accept this torma.

Please perform the activities that I strongly request from the depths of my heart.

CONFESION OF IMPERFECTIONS IN THE SADHANA

କେତେ ଦ୍ୱାରା ପରିଚୟ କରାଯାଇଥାଏ ଏହାର ଅନୁଭବ କିମ୍ବା ପରିଚୟ

HRI CHÔ YING RANG JYUNG PHO DRANG NE/ YE SHE GYU MAI KUR NANG WA

HRI From the unconditioned divine palace of dharmadhatu, manifesting in the form of the illusory wisdom body

କୁର୍ଯ୍ୟାନ୍ତେ ଶାଖା ପାଇଁ ଦେଖିଲାମାନ୍ତରୁ । କେବଳ ଏହାକିମ୍ବା ଦେଖିଲାମାନ୍ତରୁ ।

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NEL JOR DRUB PA'I RE WA KONG / CHÖ KYI DROL MA KHOR CHE TÖ
and fulfilling the wishes of those yogis practicing the Dharma: to you Chökyi Drolma and your retinue, I pay homage.

西藏自治区人民代表大会常务委员会关于修改《西藏自治区实施〈中华人民共和国民族区域自治法〉办法》的决定

GANG YANG DAG LO TI MUG PE / LEG CHE DI LA NYE GYUR GANG
Whatever mistakes I made in this wholesome deed through ignorance, may you

ସୁରତକାରୀ ଶବ୍ଦରେ ପରିଚୟ କରିବାକୁ ପାଇଲୁ ଏହାରେ ମଧ୍ୟରେ

LÜ CHEN KÜN GYI KYAB GYUR PA / DE KÜN KHA DRÖ ZÖ PAR DZÖ
the dakini who is the refuge of all sentient beings, forgive them.

藏文大藏经全集大藏经总目

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DZOG SANG GYE DANG LHA NAM DANG / DE SE NAM DANG CHE PA SOG
To all perfectly enlightened Buddhas, devas, spiritual sons, bodhisattvas, and others.

ପାଦିତ କେନ୍ଦ୍ର ଯାଦିକ୍ଷଣ ବାଦି।

JIG TEN KYONG WAT CHO KA DI

if this sadhana that protects the world was incompletely done, I ask for forgiveness.

ମହାପଦ୍ମନାୟକର୍ତ୍ତା ପଞ୍ଚମିତିତ୍ତା ମାତ୍ରାଦିପର୍ବତୀ

MA TSANG WA DAG ZÖ PAR SÖL / KYE RIM TING DZIN MA SEL ZHING
If I lacked clarity in visualization and in samadhi; if the mantra was recited imperfectly;

བྱକ୍ଷମଧୂତରକନ୍ଦୁଶବ୍ଦାରୀ ହେଣବେନ୍ଦ୍ରିୟକାରୀ ପରିପ୍ରକାଶ

SANG NGAG CHIE LHAG GYUR PA DANG / CHO GA GONG OG NOR THRUL SOG
if I misplaced words and sentences in the recitation of this sadhana.

བཀྲ་བྱତ୍ସୁ ད୍ୱିଷ୍ଟଦ୍ୱାରା ମନୋବ୍ୟକ୍ଷମା

KA SUNG KHOR DANG CHE LA SHAG

I confess it before the dharmapalas and their retinues.

三

Recite the 100-syllable mantra three times.

Achi Chökyi Drölma
Confession of Imperfections in Sadhana

Achi Chökyi Drolma
Dedication

DEDICATION

। ଦ୍ୟୋ-ପାଦି-ପି-ମୟୁ-ଷହେନା । କେତେ କେତେ ପଦ୍ମ-ପାଦୀ-ଶର୍ମୀ-ମେଦ କିମ୍ବା ।

GE WA DI YI THU LA TEN / CHÔ JYE DRUB PÖR GEG ME CHING

By the power of this virtue, may the practitioners of Dharma be free from obstacles.

କୁଳାଙ୍ଗ ଶିଖିଅଛିପାନ୍ଥା । ଯିହିଦିବି କୁଳକୁ ଶ୍ରୀମଦ୍ଭଗବତମା ॥

JÑA NA DA KII SA THOB NE / KHOR WA1 GYA TSHO KYEM PAR SHOG

By attaining the state of the Wisdom Dakini, may the ocean of samsara be dried up.

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ଦ୍ୱାରା ପ୍ରକାଶିତ

REQUESTING THE DHARMA PROTECTORS TO PERFORM THE ACTIVITIES

KYE SANG GYE TEN SUNG KÖN CHOG WU PHANG TÖ / GEN DUN DE KYONG NEL JOR TSE PEL KYE
Protect the teachings of the Buddha and praise the Three Jewels.

Guard the community of Sangha and increase the life and glory of the yogins.

NYEN PAI DAR CHOR DRAG PAI DUNG BU LA / KHOR DANG LONG CHÓ GYE PA NYI DU DZÔ

Raise the banner of glory and blow the conch of fame. Increase abundance and retinues.

କଥାମେଦ୍ୟରୁକ୍ତିପାଦାଯୁକ୍ତକୁଳକୁଳା ପିଲାଅଧ୍ୟାତ୍ମକରୁକ୍ତିମୁକ୍ତୀ

GE ME LANG TSHO DEN PE LÜ TOB GYE / MIG LA YA TSEN TE MO CHE WA DANG

Increase the strength of my body, bringing ageless youthfulness. May my eyes see great and wonderful sights.

କୁଣ୍ଡଳ ପଦି ଯାନ୍ତା ଶକ୍ତିରେଣ୍ଟା । କିମିମଦଦ୍ୟ ଶୁଦ୍ଧମିଦ୍ରସତିରେଣ୍ଟା ।

NA WAR TAG TU NYEN PAI DAM THO SHING / DRI ZHIM NGE PA NA DANG MI DREL ZHING

May my ears constantly hear sounds full of fame. May my nose never be separated from fragrant and pleasing smells.

॥ अस्त्रम् द्विराज्ञ एव वक्षते विश्वा प्रेदुर्ति ॥ ॥ युधावदेष विश्वा वदेष विश्वा वदेष ॥

ZIE KOM JOR WI RO CHOG TSIM JYE CHING / LU LA REG JAM DE WA KHO NE TSO

May the sublime flavor of well-prepared food and drink be satisfying. May my body live with the smooth touch of bliss.

‘**तिद्वयकृष्णपद्मनाभदेवेऽप्युपरिक्षणं**’ इष्टप्रतीक्षा त्वयि विद्यते।

YI LA NAM PAR TRA WA1 SHE RAB KYI / ZAG ME DE WE NAM YANG NGOM PAR DZÖ
Through the fully embellished wisdom, may my mind be completely satisfied by uncontaminated bliss.

କ୍ରେତ୍ରମାନ୍ଦ୍ସକର୍ତ୍ତବ୍ୟାକୁ ପରିବର୍ତ୍ତନ କରିବାକୁ ପରିଚାରିତ କରିଛି।

KYÖ SOL KHYÖ CHÖ KHYÖ DRUB KHYÖ TE NA / THU TSEL MA CHUNG TSE DUNG CHE WAR DZÖ
When we pray to you, make offerings to you, practice and are devoted to you,
please do not decrease your energy.

କାନ୍ତିକାଳୀଙ୍ଗ ମିଶନ୍‌ପର୍ଦ୍ଦକାର୍ଯ୍ୟରେ ମୁଣ୍ଡ ଲୈପାଶ ଛନ୍ଦା । ପ୍ରିଯାଶୁଭ୍ୟାକ୍ଷରଦିନକୁ ପରାମର୍ଶ ପରିଦର୍ଶନ କରିବାକୁ

ZHI LA TA SHI LONG CHÔ PHUN TSOG DEN / JE SU LAM TRANG CHU LE DROL DÔN DZÔ
but be highly compassionate toward us. In my home, may there be happiness and abundance.
While traveling, lead us safely through mountain roads, rivers, and passes.

18

Achi Chökyi Drölma
Request of the Dharma Protectors

। འདිණා පද්ධති තුළ සෑම මූල්‍ය නැංවා යුතු පෙන්වනු ලබයි ।

JIG PA DRA JAG CHOM KÜN TSE WA KHYOB / DOR NA SAM DÖN YI ZHIN DRUB PA DANG
Protect us from harm by robbers and thieves. In brief, fulfill all our wishes.

୧୯୬୩ ମାର୍ଚ୍ଚି ୨୫ ବାର୍ଷିକ ଶୈଳୀଲାଭ ପତ୍ର ପାଇଲାମାଣିକୁ ଏହାରେ ପରିବର୍ତ୍ତନ କରିଛାମାଣିକୁ ଏହାରେ ପରିବର୍ତ୍ତନ କରିଛା

DAG DANG THA YE SEM CHEN THAM CHE KYI / LA ME DZOG PA1 JANG CHUB DRUB PA LA
For myself and all limitless sentient beings, to achieve the unsurpassable, complete enlightenment,

ସମ୍ବନ୍ଧରେ କିମ୍ବା କିମ୍ବା କିମ୍ବା କିମ୍ବା କିମ୍ବା କିମ୍ବା

GEL KYIN BAR CHE MA LÜ ZHI WA DANG / THÜN KYIN MA LÜ LHÜN GYI DRUB PAR DZO
pacify all misfortunes and obstacles, and spontaneously establish all good fortune.

19

Achi Chokyi Drilma
Request of the Dharmic Protectors

Achi Chökyi Drolma
Request of the Dharma Protectors

Achi Chökyi Drolma
Request of the Dharma Protectors

20

TSE RING CHE NGA TEN KYONG DANG / GANG CHEN NE PA THAM CHE DANG
May the protectors of the teachings, the Five Long-life Sisters, all the protectors of Tibet,

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।**খ্র**্যে পার যুল চোগ দির নে পাই / **ল**হা লু ঝিগ দাগ নাম ক্যি ছো টোর জে
and especially the deities, nagas and earth spirits of this region be pleased by this torma offering
।**ঘ**্যেন সাম দোন মা লু দ্রুব পার দ্বো ||
DAG ZHEN SAM DÖN MA LÜ DRUB PAR DZÖ
and accomplish the wishes of myself and others.

କୁର୍ବା କର୍ମକାଳ ହେତୁ କୁର୍ବା କର୍ମକାଳ ହେତୁ କୁର୍ବା କର୍ମକାଳ ହେତୁ କୁର୍ବା କର୍ମକାଳ ହେତୁ

The following glorious auspicious prayer was written by the 34th Drigung Kyabgon, Chökyi Lodro

କୁର୍ମାକୁଳି ପାତାକୁଳି ପାତାକୁଳି ପାତାକୁଳି ପାତାକୁଳି ପାତାକୁଳି

TSA GYÜ LA MA'I JIN LAB TRIN PHUNG THING / SI PA'I DUNG WA THROG PA'I TA SHI SHOG
May the billowing clouds of the magnificent blessing of the root and lineage lamas bring
happiness by removing the pain of samsara.

ବିଦ୍ୟାପୁରୋଷାଦକୁଳାତ୍ମକାନ୍ତିକାଦିତଥା । ଏହାପରିଚାରିତାକୁଳାତ୍ମକାଦିତଥା ।

YI DAM LHA TSHOG NGÖ DRUB CHAR GYUN BEB / PHEN DE1 LO TOG GYE PA1 TA SHI SHOG
May the pouring rain of the accomplishments of the yidam deities bring
happiness by ripening the fruit of bliss.

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Achi Chökyi Drolma
Dedication

ଯକ୍ଷମୂର୍ତ୍ତିଣାଙ୍ଗାଦ୍ୟକୁଳା ॥ ଯତକନ୍ଦମହୁଦିଲୁକାଶେଷାଦ୍ୟକୁଳା ॥

NE SUM DA KI THIRIN LE LOG TAR KHYUNG / WAR CHE DÜ MÜN SEL WA'I TA SHI SHOG
May the flash of lightening of the activities of the dakinis of the three places bring happiness
by dispelling the darkness of mara's obstacles.

କଥକୁଦ୍ଧିତୁରୁଷୀପାଦହୃଦୟିମିଳିକରଣୀୟା । ଯଶ୍ଚଇନ୍ଦ୍ରନ୍ଧାନ୍ଦୁଦକ୍ଷାର୍ଦ୍ଦ୍ସମୀକ୍ଷା

CHÖ SUNG THU TOB DOR JE'I ME CHAR GYI / LOG DREN DRA PUNG TSAR CHÖ TA SHI SHOG
May the thunder of the vajra power of the Dharma protectors bring happiness
by annihilating the armies of spiritual misdirection.

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Achi Chökyi Drönma
Dedication

This is one of ten sadhanas that have been collected and published together on the occasion of the 25th anniversary of the founding of the Tibetan Meditation Center by Khenchen Rinpoche, Konchog Gyaltsen. The set is a companion to *Pearl Rosary, the Path of Purification*, which is an anthology of Rinpoche's commentaries on these same texts.

When Khenchen Rinpoche arrived in the United States in 1982, not even one verse of Drigung Kagyu writing had been translated into English. He began translating practices and texts almost immediately, and has taken care to refine them repeatedly over the years. Thanks to his efforts, we now have all the practice materials that we need. We are deeply in his debt for having introduced the blessings of the Drigung Kagyu lineage to our land, and for allowing us to partake of its timeless wisdom. His work opened the door for the Dharma in the West, and doubtless will be an enduring legacy for generations. May all beings benefit from this loving work!



Please treat this text with respect, as it contains the precious teachings of the Dharma. It should not be placed on the floor or stepped over; other objects should not be placed on top of it. When you no longer have use for it, please share it with someone else or burn it.