

Invocation of Buddha Shakyamuni

CHOM-DEN-DE DE-SHIN SHEG-PA DRA-CHOM-PA/
To the Exalted One, the One Gone-to-thinness, the Foe Destroyer,
YANG-DAG-PAR DZOG-PE/
the perfectly, completely enlightened,
SANG-GYE PAL GYAL-WA/
glorious Victorious One,
SHAKYA-THUB-PA LA CHAG-TSAL-LO/
Shakyamuni; I prostrate to you,
CHÔ DO/ KYAB SU CHIO
make offerings to you, go to you for refuge,
JIN GYI LAB TU SOL//
and pray for your blessings.

(repeat this three or seven times)

Mantra

TADYATHA/
OM MUNE MUNE MAHA MUNAYE SWAHA//

(recite 100 or 1000 times)